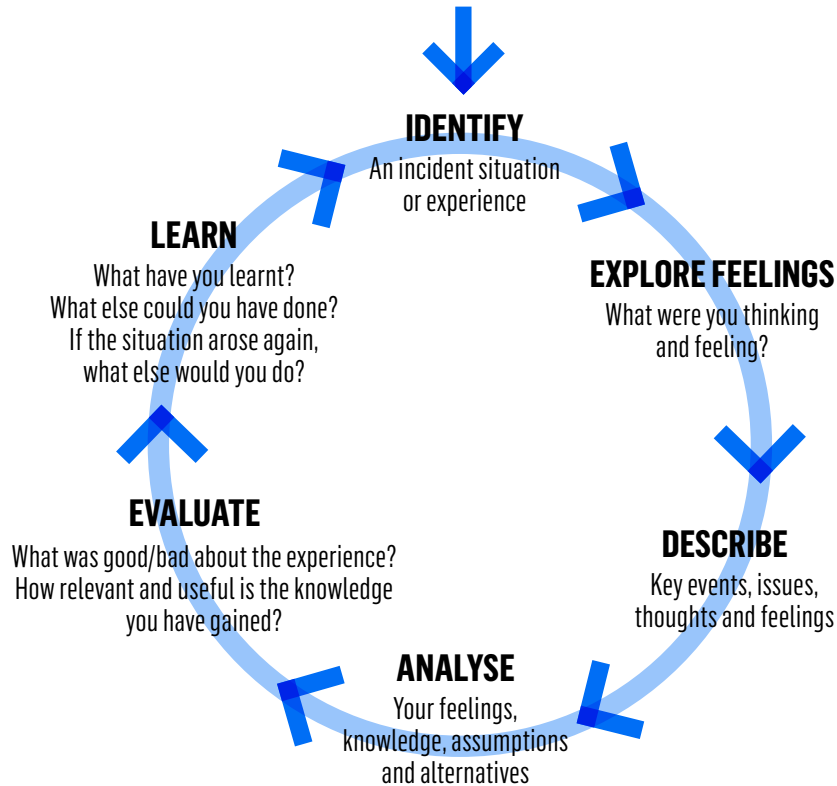




Reflective Cycle
amended from Gibbs
(1988) and Atkins
and Murphy (1994)